

POST-COVID-19



C2S Post COVID Management Training

Re-Boot, Re-Group, Re-Shape Supporting Your Managers Back To Work Post COVID

Post COVID challenges have placed demands on us all but particularly on an already busy and potentially overburdened group of middle managers, often the lynch pins of our organisations. C2S have developed a new Online course to help businesses support their managers to effectively lead out of the current environment into the new norm and return to work confidently.

Based on feedback from businesses we have developed in partnership with leading leadership and coaching company Zentano a programme to tackle these current challenges. The POST COVID Management Training

Programme is an online learning course run over four to six months which takes participants through a series of modules designed to help them manage in a new environment. It provides tools and strategies to help them to take appropriate practical actions to support their direct reports and operate in an effective way with timely interventions.

The Programme consists of four key topic areas; it includes two Group Reflection/ Action Learning sessions to make sure learning is being embedded; provides access to an online learning platform and access to the coaches/trainers during the Group Reflection sessions and online.

Each delegate will also have access to an online learning platform called LearnConnect™ which will provide the following:

- 1 Pre and post workshop activities to enable transfer of learning (we learn from doing)
- 2 Post COVID Group Forum – allows people to share knowledge, successes, insights and create a sense of community
- 3 Online mentoring input on pre and post workshop activities
- 4 Access to learning resources – helps people reflect and re-absorb key learning from the workshop incentives

Use of these embedding activities are a key part of maximising the return on investment:

- 1 Certificate of completion (rather than simply of attendance)
- 2 Online mentoring input from professionally qualified coaches
- 3 Use of LearnConnect™ provides the ability to demonstrate ROI to employers by recording progression and completion of extra on-line activities
- 4 Evidence of CPD

Programme Outline:

These sessions are primarily aimed at operational managers with direct reports. Each workshop has been designed to be interactive with practical tools to takeaway and actions to apply in the workplace. They are delivered by professionally qualified coaches/trainers.

Workshop 1: Self-Leadership



Focus on self-awareness and self-management, bringing in the importance of an adaptive, growth-orientated mindset and self-motivation. Introduces the concept of Connected Leadership™

Workshop 2: Resilience & Well-Being



Focus on how change impacts people, how beliefs and stories drive behaviours and what habits people need to adopt plus top tips and tools.

Group Reflection Part I: Action Learning Set (1 Hour)



A opportunity to focus on how the delegates are getting on applying the learning in the work place and sharing current challenges and ideas on how to address these.

Workshop 3: Managing a Remote/Hybrid Team



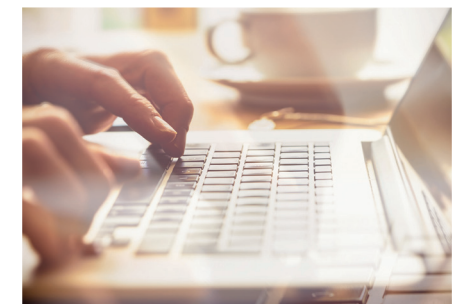
Focus on the five dysfunctions of a team and how to avoid these with trust as the key element. It would also focus on team habits plus top tips and tools.

Workshop 4: Managing Difficult Conversations



Focus on practical ways to get to the heart of issues rather than avoid the elephant in the room. Includes the concept of being the 'Sheriff In Your Own Town.'

Group Reflection Part II: Action Learning Set (1 Hour)



An opportunity to focus on how the delegates are getting on applying the learning in the workplace and sharing current challenges and ideas on how to address these.

Please get in touch to book your place/s or discuss an in-house group:

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